



www.recaptureskincare.com

sheila@recaptureskincare.com

RECAPTURE SKIN CARE LLC
2721 LINCOLN DRIVE
ROSEVILLE, MN 55113
(651) 636-1406

Join us!
Tues, December 7th
4-7pm
Complimentary Skin
Scanner Event
Book your 15 minute
reservation today!
A great way to evaluate
your skin condition, FREE!

MONTHLY SPECIALS

December-Celebrate Shea's Anniversary Sale December 7th – December 11th.
Come for savings, treats and fun. While here, create your own time of renewing or gift someone special in your life.
For every \$100.00 spent, receive \$20.00 in beauty bucks!

January-Age Reversing Luxury...Osmosis latest product, Catalyst is taking the industry by storm. Dramatic results for rosacea and melasma sufferers when combined with the ONLY certified organic mask on the market, terrific for scarring and aging as well...
Catalyst and Micro-Current Infusion Retail Value \$199.00... Intro. Price at \$129.00



February-Save your Honey A little Money! With the purchase of the Chocolate PowerSkin Rescue treatment at \$89.00, receive the 2nd Rescue treatment half off. For your valentine....Great savings!

March-Escape.Exhale.Renew....Dr. Babor introduces his Derma Cellular Range treatment to protect against environment stress. Prevents extrinsic aging and corrects signs of premature aging. This 1.5 hour journey retunes your body clock while incorporating a LED system that delivers anti-aging and sleep enhancement. This helps with SAD and jet lag as well. This ultimate treatment delivers a firmer décolleté, renewed feet, reversing cold weather dermis damage. Series of 3 @ \$385.00....you save \$62.00!



April...Watch for our quarterly e-newsletter, our monthly e-specials and our web only specials by joining our e-mailing list. I will be drawing winners each month for those who submit their email address or share a friends email.

The above promotions are not valid with other combined offers



RECAPTURE SKIN CARE LLC

WINTER 2010

December 2010

Volume 1, Issue 4



SHARING A CONNECTION



Season Greetings! Sheila

CLIP & SAVE

COME ENJOY!
IT'S OUR WAY TO
—SAY—
**HAPPY
BIRTHDAY!**
GET \$10.00 OFF A
SINGLE RECAPTURE
PURCHASE OF
\$15.00 OR MORE
DURING THE MONTH
OF YOUR BIRTHDAY

INSIDE THIS ISSUE :	
Recapture Top 10	2
Packing Love	2
Kick-Start 2011	3
Gift Giving	3
Specials	4

If you go with the flow, sometimes things will turn out better than you could ever imagine.

The other day, while I was servicing a client, she mentioned the extreme differences of my work with her challenging work as a family law attorney. Yes, certainly I work in a relaxing environment with soothing music, while she often experiences tears, fear and hurt while resolving family conflicts. As I reflected, I thought our work really is not all that different after all. I take care of others while they are going through life challenges, such as divorce, death or stressful life situations and so does my

client. There are many different ways of approaching a problem. While I aim at subtle ways to transform ones body and mind, suggesting healthier lifestyles to gain peace of mind, my client needs to be more direct in solving family conflicts for a similar result.

Sometimes it's the smallest changes that we make, the most imperceptible tweaks to our appearance, that make us the happiest. Our appearance dictates how we are perceived. Our looks make a statement about the personality we want to project. At Recapture Skin Care, I can help best represent you in

improving your outward appearance, leading to inner peace and happiness, while my client can best represent her clients by resolving conflicts that lead to inner peace and happiness.

Taking care of others is innate to me. I credit my mother who was an exemplary nurse for forty years. Maybe it's a genetic thing. I desire to help people too. So, in closing, "going with the flow" is now twenty years of giving you the power, resources and tools to make your own transformation and inner peace.

FEELING GREEN AND LUCKY?

Today, hundreds of beauty product manufacturers are going green and striving to incorporate organic ingredients into their lines. Recapture Skincare is doing the same. We are also desiring to go the next step to

send you monthly specials, events and this newsletter via email. Reduce your carbon footprint and share your email address with us. You have my word that I will not share your email with anyone. Your name will

be entered in a drawing for Free Gifts! You will be notified by January 11th via email. Thank you for helping me reduce my carbon footprint.

Good luck as well!

Sheila@recaptureskincare.co



RECAPTURE TOP 10

Rebalance... Youthful good looks aren't all about what you put on your skin... build your glowing beauty from within with good nutrition.

- R**ethink your aging well routine. Winterize your skin with Murad's new Hydro-Dynamic Ultimate Moisture. Super charges your hydration to create visible, youthful smoothness.
- R**esolve to use daily sun protection. Most people are not aware that winter sun causes as much damage as summers UV rays. FYI...scientists say some whale species of the Mexican coast are showing signs of severe sunburn that may be caused by the ozone's decreased ability to block UV radiation. Humans can put clothes, sunglasses and sunscreen on. Please do!
- R**itual...Schedule time for your monthly or quarterly facial. You will notice improvements with each accumulative treatment.
- R**ebalance...Youthful good looks aren't all about what you put on your skin...build your glowing beauty from within with good nutrition.
- R**esearch shows that collagen production begins to diminish by age 18. By age 30, the signs are becoming visible. Following menopause, our skin's thickness declines as well. Revitalize treatments, Power Peels, and DermaSound UltraSonic will help. Recapture offers truly unique effective methods of layering for revitalizing your skin.
- R**ecycle...Recapture offers refills on a variety of products. You will also love the savings!
- R**eignite...Take advantage of the Valentine's promotion where you purchase the Chocolate Powerskin Rescue treatment and receive the 2nd Rescue treatment for only \$45.00 for your valentine.
- R**estock...Products do expire or lose their efficacy. Hands, décolleté and elbows always appreciate products beyond their shelf life.
- R**adiance...Active Serum from Murad helps collagen, brighten skin and protect cells with its Resilient C Complex. For sun damage skin, it's the best!
- R**ecession Proof...your spending habits. Recapture wants to match your on-line pricing. Simply show and ask.



PACKING

We at Shea's Salon are packing love! We've adopted a soldier who is serving in Afghanistan and are sending him a **monthly care package**. I have a niece who is also serving there in the Red Cross and she has indicated her desire for packages that provide encouragement and some home treats that they truly miss.



LOVE

There's a huge need for:

- Instant foods
- Hot chocolate
- Coffee creamer
- Granola bars
- Wool socks
- New or used DVD's
- AA batteries
- Toiletries
- Non-perishable treats

These items are shared within their troop and dispersed to the Afghan children.

Shea's will gladly accept your contributions to help with this cause. Just bring them to us on your next visit.

Thank you for Packing Love!

HEALTHY WAYS TO KICK START 2011

Sonic Cleansing...in Sixty Seconds...Really! Gentle sonic cleansing invigorates and awakens your skin so serums and moisturizers absorb better...\$197.00



Sonic Infusion ...combining breakthrough technology with Anti-Aging Sea Serum. The Opal erases the years and hydrates the skin...95% of people reported firmer, tighter skin with less puffiness...\$245.00

Detoxification is one of the most important factors in promoting good health and disease prevention. The M'lis Detoxification Program helps to cleanse itself of toxins, mucus, and other waste materials. This means new energy to organs, but to the entire body as well...\$79.00



Catalyst...with SRGF-7 (Skin Repair Growth Factor)
 *Cellular Repair *DNA Repair *Age Spot Reversal *Pigment Correction
In other words, 40 something's look 32, 60 ≈ 48, 80 ≈ 64.
 This is an exciting product that I am eager to try out!!!!...\$99.00

Hybrids..A true breakthrough in performance and convenience. They are intelligently engineered 2-in-1 problem solvers that blends and disguises skin flaws with advance treatment to improve skin's health. Now you can mask your skin concerns while you resolve them!!!!...\$35.00



Ask for more clinical details and benefits on your next visit. I will match the product to your specific needs.

GIFT IDEAS ON SALE!



Murad's Oil Control Mattifier (\$39.50) FREE with **DermaDash Teen Clean Series** of 3 for \$119.00

Winter Wonder Express Eye/Lip Sonic Treatment with Dessert Masks. ...pomegranate, cranberry, or pumpkin. Series of 3 will prevent premature signs of aging and resurface your skin. ...3 for \$119.00

Organic Medi Facial This will winterize and protect your skin. Regularly priced at \$95.00 each...series of 3 for \$245.00

REFLECTIONS - RESOLUTIONS - RITUALS - RENEW - RECAPTURE

Lefsa, roasted turkey, sweet potatoes, carols sung and entertaining. It's a tradition that I so treasure! Without tradition, our lives would be out of balance. The many years of customs, beliefs, and **rituals** that have been handed down from one generation to another is a reminder of our roots, roots that with watering, should remain consistent. Another tradition I do annually is **reflect** on my past year and attempt to make changes for the new year. Which advance training should I attend? What should my new offerings be? How can I offer that memorable service? I evaluate and determine once again where I need work. Unfortunately, I find many personal and professional areas needing attention. I know the ritual of making **resolutions** are not for everybody, but somehow I manage to make them again and again. Even if I can manage them for two weeks, I feel the **renewed** thinking and inspiration is worthwhile.

As we observe and reflect, I'd like to encourage you to enjoy the wisdom from someone whom I most **respect**....Mother Teresa. May you be enriched in your journey while having a season filled with serenity. **Warm regards, Sheila Sigecan**

*For the entire poem, go to my website @ www.recaptureskincare.com.

*Excerpted from Mother Teresa's **Anyway** Poem

People are often unreasonable, illogical and self centered;

Forgive them...**Anyway**
 Be kind...
 Succeed...
 Be honest and frank...
 Build...
 Be happy...
 Do good...
 Give the world the best you've got...